

## P.F.A. Preamble

Processed Food Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from processed food addiction.

The only requirement for membership is a desire to stop ingesting processed food. There are no dues or fees for P.F.A. membership; we are self-supporting through our own contributions. P.F.A. is not allied with any sect, denomination, politics, organisation or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes.

SL-002

## A Declaration of Unity

This we owe to P.F.A.'s future  
to place our common welfare first;  
To keep our fellowship united.  
For on P.F.A. unity depend our lives;  
And the lives to come.



ProcessedFoodAnonymous.org  
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## The Twelve Concepts Of Processed Food Anonymous

## The Twelve Concepts of P.F.A. (Processed Food Anonymous)

- 1.** The final responsibility and the ultimate authority for P.F.A. World Services should always reside in the collective conscience of our whole fellowship.
- 2.** The final responsibility and authority for P.F.A. services rests with the P.F.A. groups. Any changes proposed to the Twelve Steps, Twelve Traditions, or Twelve Concepts, requires approval by a majority of global P.F.A. groups, which serve as the active voice and effective conscience of P.F.A. as a whole in global affairs.
- 3.** The P.F.A. groups delegate to the World Service structure the authority necessary to fulfil the responsibilities assigned to it.
- 4.** Effective leadership is well respected and is based on 'trusted servants' whom relinquish any right of authority. Responsible leadership roles and responsibilities should be carefully thought-out when selecting trusted servants.
- 5.** Throughout our World Service structure, a traditional "Right of Appeal" ought to prevail, so that minority voices will be heard and individual complaints receive painstaking deliberation, without fear of reprisal.

**6.** The World Service structure recognises that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the World Service Conference acting as the General Service Board.

**7.** The World Service Conference recognises that corporate documents (i.e., World Service Bylaws, Policies and Procedures) are legal instruments, empowering the trustees to manage and conduct world service affairs.

**8.** P.F.A. funds are to be used to further our primary purpose, and must be managed responsibly.

**9.** Good service leadership based on tolerance, responsibility, flexibility and tiered vision, is imperative for all future functioning and safety of P.F.A. The primary world service leadership once exercised by the group of members who founded P.F.A. must necessarily be assumed by the World Service Board of Trustees.

**10.** Every service responsibility should be matched by an equal service authority — the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description, or by appropriate charters and bylaws.

**11.** Our World Service structure depends on the integrity and effectiveness of our communications.

**12.** General Warranties of the Conference:

In all its proceedings, the General Service Conference shall observe the spirit of the P.F.A. Tradition, taking great care that the Conference never becomes the seat of perilous wealth or power; that sufficient operating funds, plus an ample reserve, be its prudent financial principle; that none of the Conference members shall ever be placed in a position of unqualified authority over any of the others; that all important decisions be reached by discussion, vote, and, wherever possible, by substantial unanimity; that no Conference action ever be personally punitive or an incitement to public controversy; that, though the Conference may act for the service of Processed Food Anonymous, it shall never perform any acts of government; and that, like the Society of Processed Food Anonymous which it serves, the Conference itself will always remain democratic in thought and action.

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